



## Allithwaite Toddlers



Allithwaite C of E School

Church Road

Allithwaite

LA11 7RH

Tel no. 015395 32144

### When are we on?

Every Monday,  
term time only.

0915-1100



May/June 2016 **(not on 6<sup>th</sup> June as I am on a residential)**

I hope that all of your plants are growing well & I look forward to hearing about your amazing sunflowers ! This term we will be looking at minibeasts and learning some new nursery rhymes and perhaps trying some new food (The Hungry Caterpillar) & learning the days of the week.

### What to wear & what do I bring?

Wear comfortable clothes, that you don't mind getting dirty. We tend to play on the floor with the children & we like messy craft activities!

Bring your own nappies, wipes & bags. We have a potty and a changing mat. Each session costs £1.50 for 1 child or £2 per family.

How many different insects can you count on this page?



### What do we do?

0915 – Welcome & free play (gross motor skills – climbing frame/slide, sit on toys. Small world – Happy land/train track. Role play – kitchen with food & dressing up clothes or play house. Fine motor skills incl knowledge & understanding of the world – puzzles. Creative art – painting, sticking, colouring/mark making.

1030 – Snack time water & a biscuit or Something topical/seasonal.

1045-1100 Singing/dancing & a story.

Please find us on [www.allithwaite.cumbria.sch.uk](http://www.allithwaite.cumbria.sch.uk) or on



under  
Allithwaite Toddlers

Something to do together : **How to make a wormery**

To make a wormery, you will need a container, wood or plastic, that you can make holes in and fit with a lid. Worms are surface feeders so your wormery doesn't need to be deep. 8in – 16in should be ample and you need roughly one square foot of surface area for every pound of waste per week. Make air holes around the upper perimeter of your tub and in the bottom for drainage. Support your tub on bricks inside a tray, to collect any liquid that drains off. This liquid (leachate) can be used as plant feed.

- Fill the bottom of the tub with a 5 – 10cm layer of drainage material such as sand or gravel.
- Cover the sand with a dividing layer, something that will let moisture seep through but not worms, such as wooden slats or a section of carpet.
- Add a 10 – 15cm layer of damp bedding material. Shredded newspaper works well – get the newspaper wet, but not soaking – about the consistency of a damp sponge.
- Add your worms! These need to be special composting worms, often known as brandlings, tiger worms or red worms.
- Add a layer of food.(vegetable peelings)
- Place a thick layer of damp newspaper over the top. This keeps in the moisture and keeps out the light.
- Finally, make sure your wormery has a tight fitting lid. This protects your compost from rodents and flies.

Use your compost waste (liquid) as a diluted feed 1 part compost waste to 10 parts water as a liquid feed for plants (tomatoes) & your solid waste as compost for plants, renew as necessary & replace bedding (newspaper) & add peelings on a regular basis.

Please can you take time to fill in the **All about me** sheets with/for your children so that I can tailor toddlers to their interests & the registration sheets.

At Allithwaite Toddlers we know that children do not sit still all the time for stories or for the singing activities and it is a learnt behaviour, please join in with the activities as much as you can to encourage your children to enjoy the experience. Did you know that we now have a nursery at school? Please ask Sarah for more details.

Our toddler group runs in the Mary Lambert Hall, based at Allithwaite CE School & sessions are run & planned by Sarah Swift.

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